



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.



United Mental Health Promoters

The United Mental Health Promoters of Los Angeles County provide educational workshops to individuals and families seeking needed resources on prevention and early intervention in mental health. The promoter is not a clinician or psychiatrist, and for this reason, he/she cannot state his or her opinion on psychological treatment or medications.

Inglewood Unified School District and United Mental Health Promoters invite you to participate in the following free workshops!

03/02/22 – The Effect of the Pandemic on the Emotional Well-Being of the Community

03/09/22 – Covid and Emotional Health and the Brain: The Effects of Covid-19

03/16/22 – The Return of Children to School during Covid-19

03/23/22 – Mental Health & Stigma

03/30/22 -- Symptoms and Treatments of Depression

04/20/22 – Anxiety Disorders

04/27/22 – Prevention of Familial Violence

05/04/22 – Drug and Alcohol Prevention

05/11/22 – Stages of Grief and Loss

Inglewood Unified School District

Wednesdays

Time: 9:00 a.m. Zoom

[https://zoom.us/j/94868982816?
pwd=TkZLeU1MY2d5eUpqeTJ5
WUJTRHIVUT09](https://zoom.us/j/94868982816?pwd=TkZLeU1MY2d5eUpqeTJ5WUJTRHIVUT09)

If you have any questions about this Workshops, please contact Monica Hernandez, Project Coordinator (310 419-2788).

To coordinate a workshop or for more information regarding the Promoters Program, please contact:

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